



Essex Ladies Report July 2026 AGM

As stated last year, the ladies no longer have an Essex league but continue their fortnightly socials at a hub club, with the venue changing each fixture. Following changes to the men's league nights, the ladies socials moved to Wednesdays. A new venue has also joined since then: Connaught, so the venues currently rotating are Club Kingswood, Woodford Wells, Redbridge and Connaught.

It's open to all levels, so if there are any ladies who'd like to get involved, please put them in touch with the organiser, Maureen Duke. It's always great to get more ladies involved, and we've welcomed several new players over the past year.

The format is as follows:

Each venue hosts a match roughly once a fortnight, and Maureen pairs up players of similar levels based on who's available that night. After lots of squash, everyone retires to the bar for food, drink and a catchup.

Gemma Keogh successfully secured funding for ladies' coaching and ran sessions at various venues around the county. The first session of the day was for beginners, and the second was for more advanced players. Thanks to this coaching, several new players have joined the ladies socials mentioned above and are now regular attendees.

Kerry Munn

Volunteer